



THE FOUR PILLARS 4 DIRECTIONS ANALOGY

www.hockeyindigenous.com





Physical

PILLAR 1 REPRESENTATION

Creating a deeper appreciation and connection with the Indigenous Youth, professionals, and communities in the sport of hockey.

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Mental

PILLAR 2 **BUILDING A** **COMMUNITY**

Creating a supportive network that empowers Indigenous players, preserves cultural heritage, and fosters a sense of belonging within a positive environment.

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Emotional



PILLAR 3 RAISING AWARENESS

Promoting understanding, celebrating Indigenous athletes and communities, while addressing the historical and contemporary issues faced by Indigenous peoples in hockey.

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Spiritual

PILLAR 4 **GRASSROOTS** **DEVELOPMENT**

Creating a sense of identity, building a strong, lasting foundation for Indigenous Youth, and ultimately enriching the lives of those involved by preserving cultural connections through hockey and implementing reconciliation.

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PILLAR 1: REPRESENTATION - PHYSICAL

PILLAR 2: BUILDING A COMMUNITY - MENTAL

PILLAR 3: RAISING AWARENESS - EMOTIONAL

PILLAR 4: GRASSROOTS DEVELOPMENT - SPIRITUAL